

2023

growth journal

January

at a glance

what im looking forward to...

goals for the month...

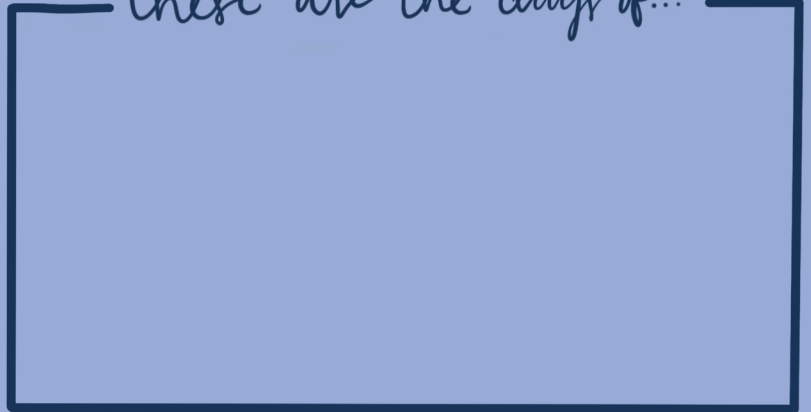
S	M	T	W	TH	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January reflections

highlights



these are the days of...



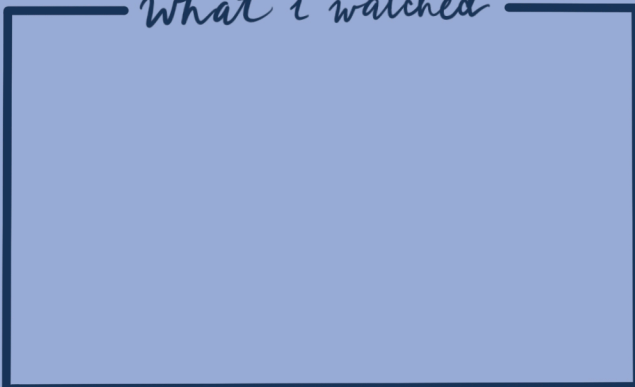
challenges



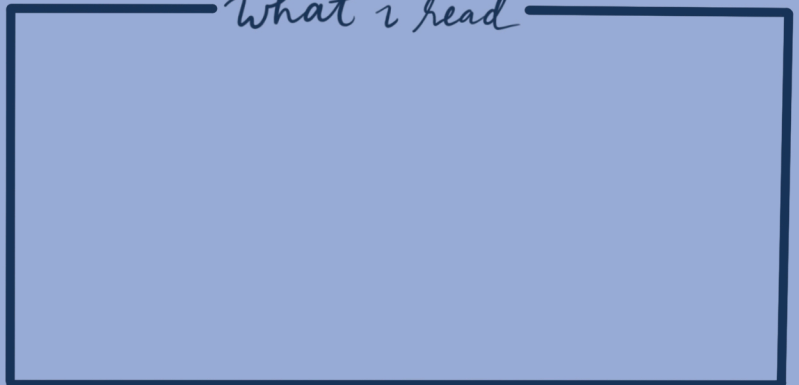
wins



what i watched



what i read



February

at a glance

what im looking forward to...

goals for the month...

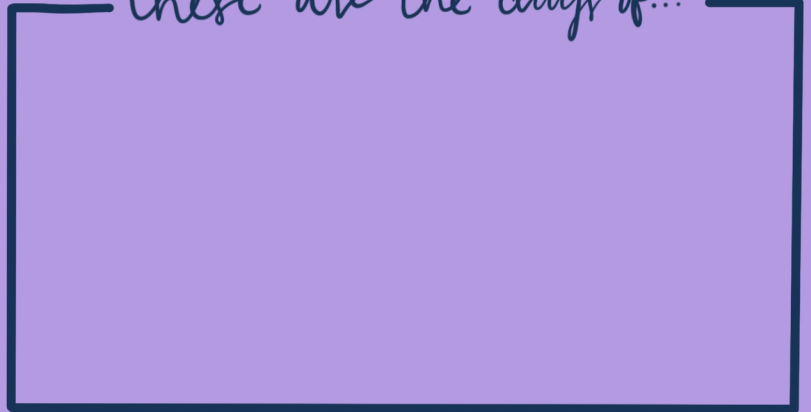
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			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

February reflections

highlights

A large, empty rectangular box with a black border, intended for writing highlights from the month of February.

these are the days of...

A large, empty rectangular box with a black border, intended for writing about specific days or events from February.

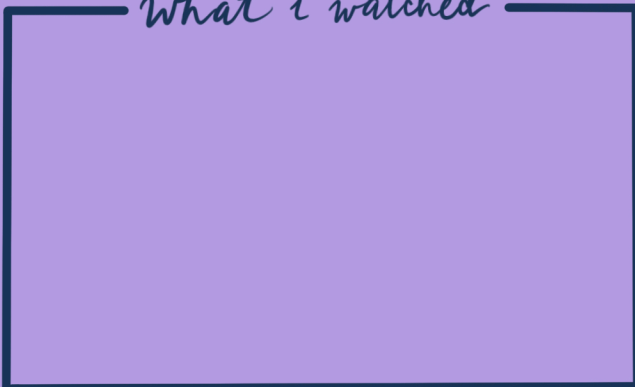
challenges

A large, empty rectangular box with a black border, intended for writing about challenges faced during February.

wins

A large, empty rectangular box with a black border, intended for writing about successes or wins from February.

what i watched

A large, empty rectangular box with a black border, intended for writing about movies, TV shows, or other media watched in February.

what i read

A large, empty rectangular box with a black border, intended for writing about books or other reading material consumed in February.

March

at a glance

what im looking forward to...

goals for the month...

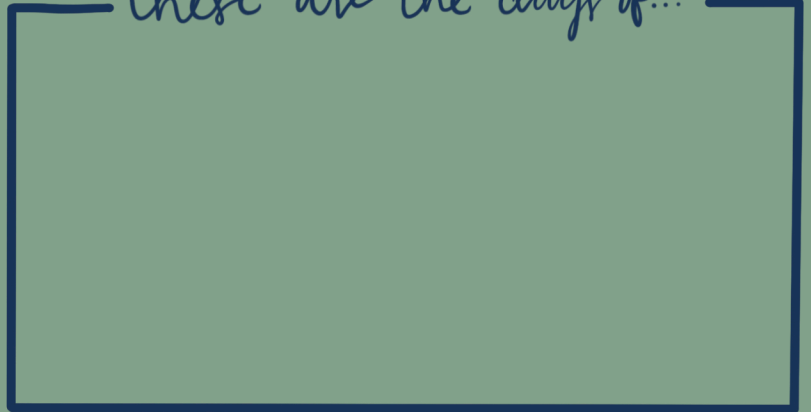
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19	20	21	22	23	24	25
26	27	28	29	30	31	

March reflections

highlights



these are the days of...



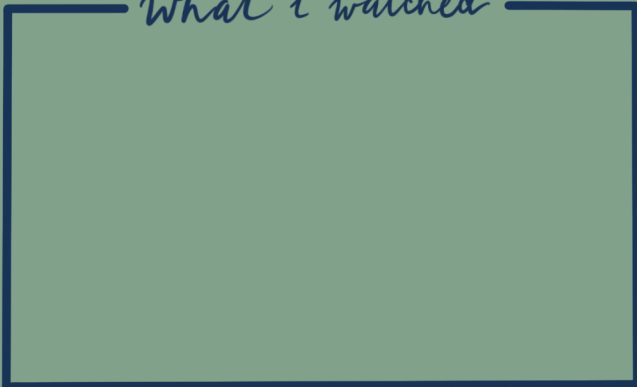
challenges



wins



what i watched



what i read



April at a glance

what im looking forward to...

goals for the month...

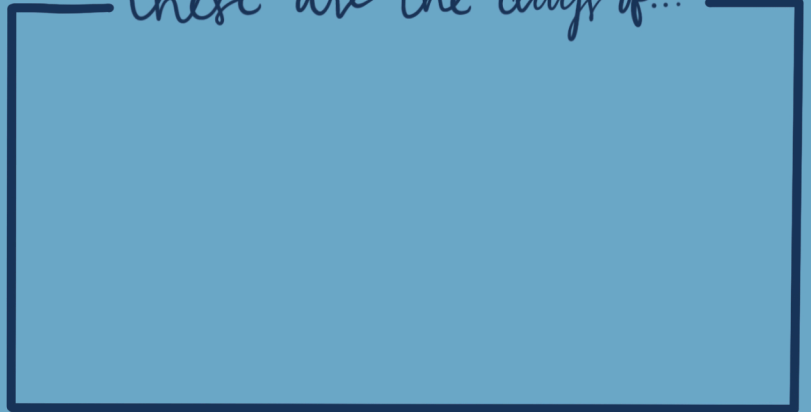
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

April reflections

highlights



these are the days of...



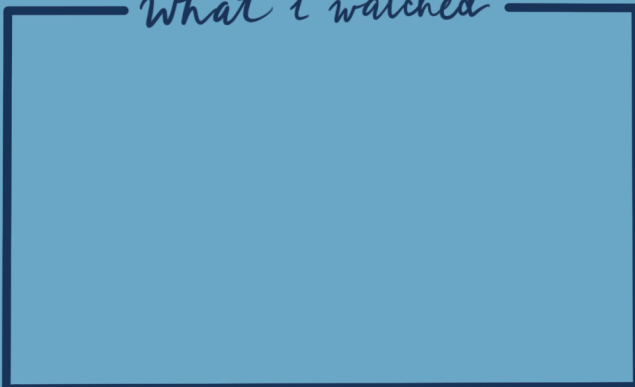
challenges



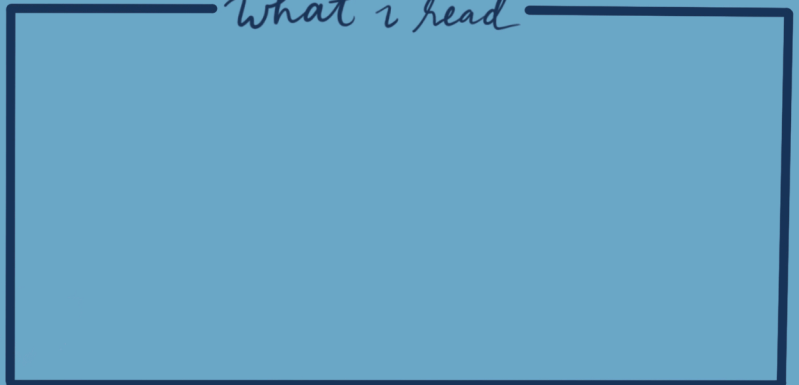
wins



what i watched



what i read



May

at a glance

what im looking forward to...

goals for the month...

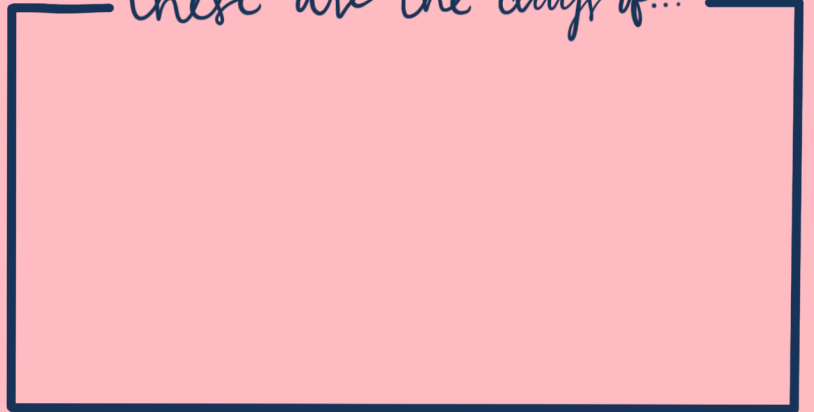
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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

May reflections

highlights



these are the days of...



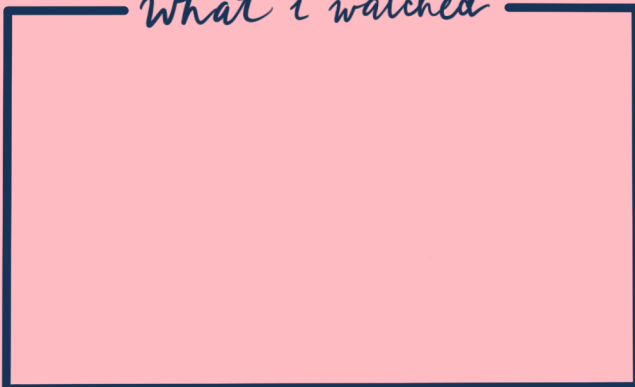
challenges



wins



what i watched



what i read



June

at a glance

what im looking forward to...

goals for the month...

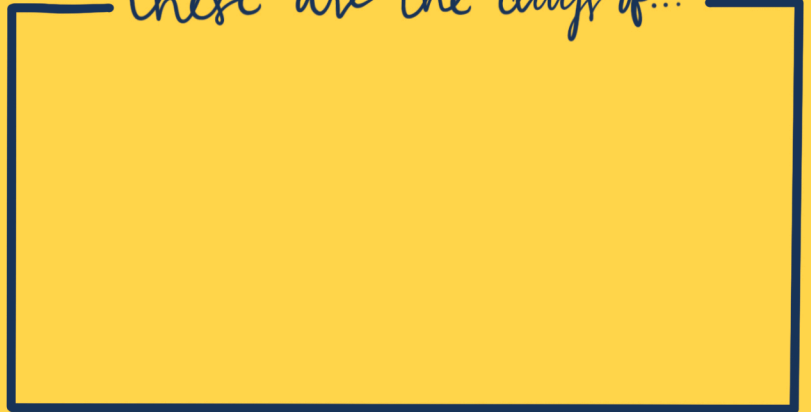
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June reflections

highlights



these are the days of...



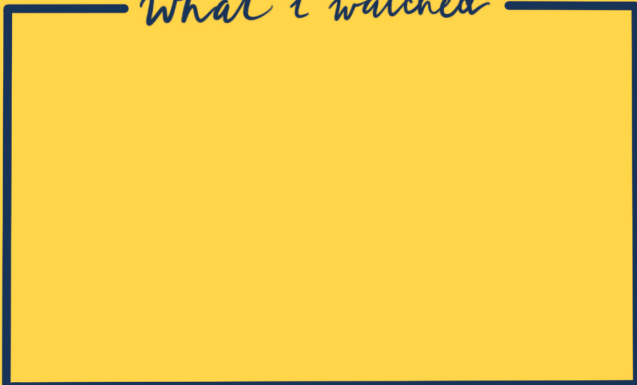
challenges



wins



what i watched



what i read



July

at a glance

what im looking forward to...

goals for the month...

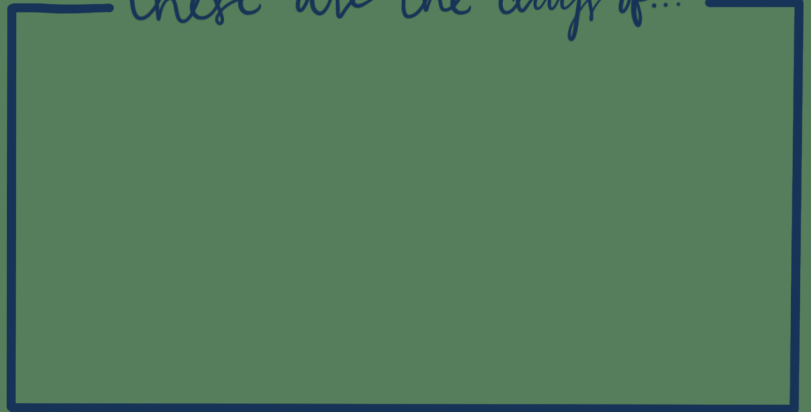
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

July reflections

highlights



these are the days of...



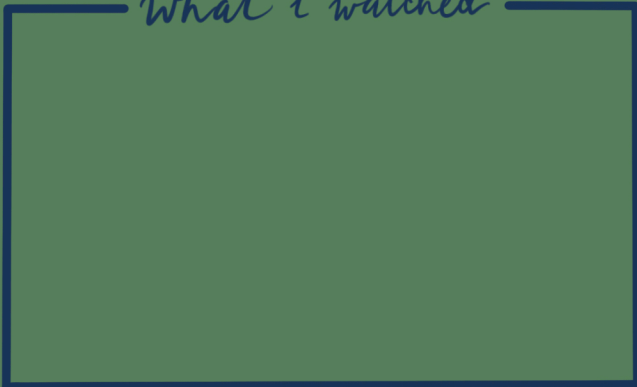
challenges



wins



what i watched



what i read



August at a glance

what im looking forward to...

goals for the month...

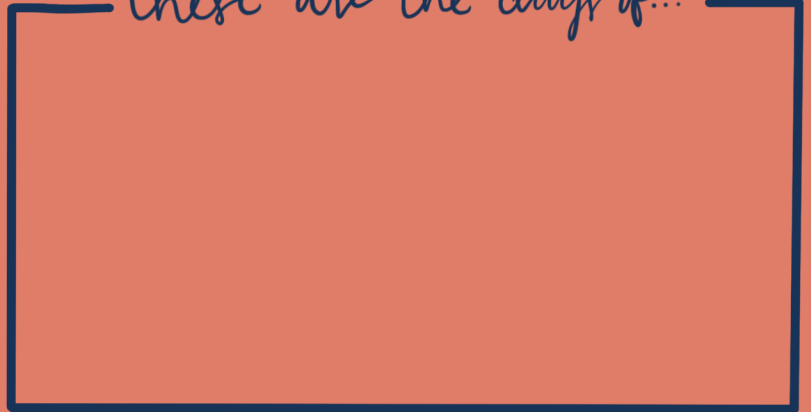
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

August reflections

highlights



these are the days of...



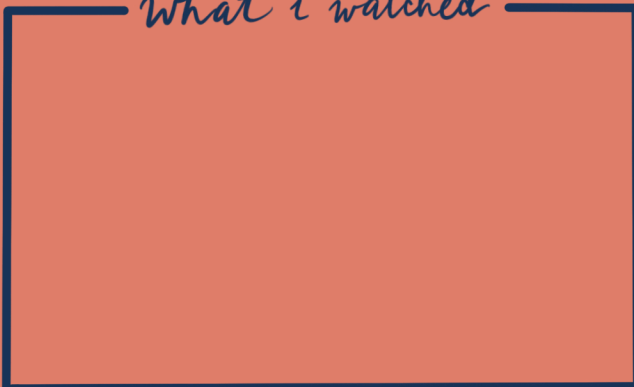
challenges



wins



what i watched



what i read



September

at a glance

what im looking forward to...

goals for the month...

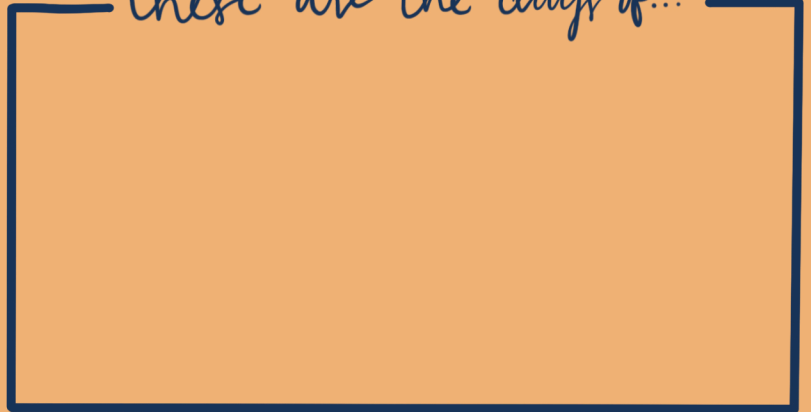
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

September reflections

highlights



these are the days of...



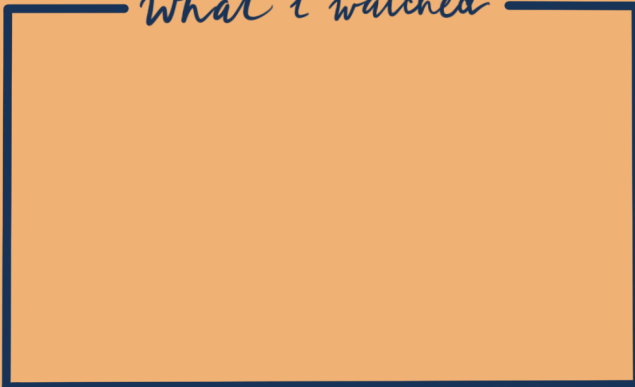
challenges



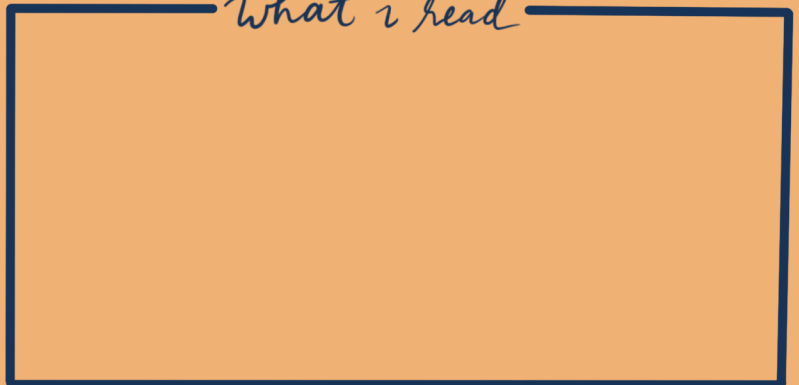
wins



what i watched



what i read



October

at a glance

what im looking forward to...

goals for the month...

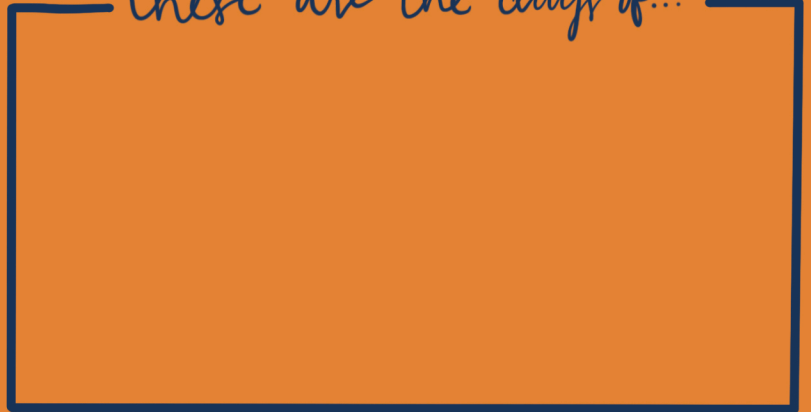
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29	30	31				

October reflections

highlights



these are the days of...



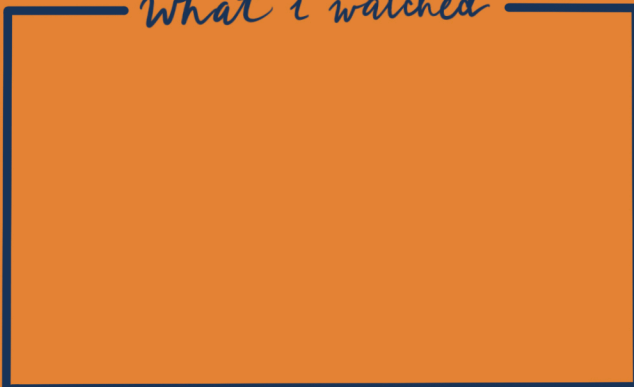
challenges



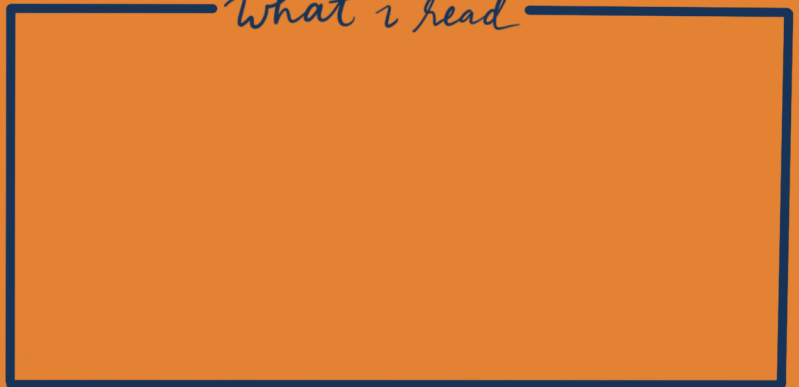
wins



what i watched



what i read



November

at a glance

what im looking forward to...

goals for the month...

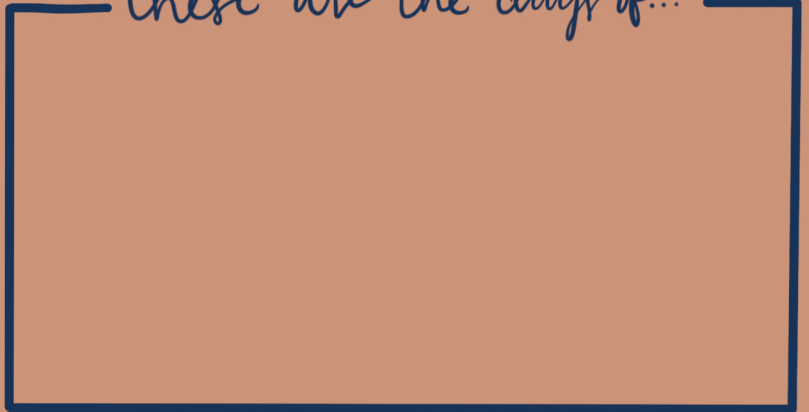
S	M	T	W	TH	F	S
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26	27	28	29	30		

November reflections

highlights



these are the days of...



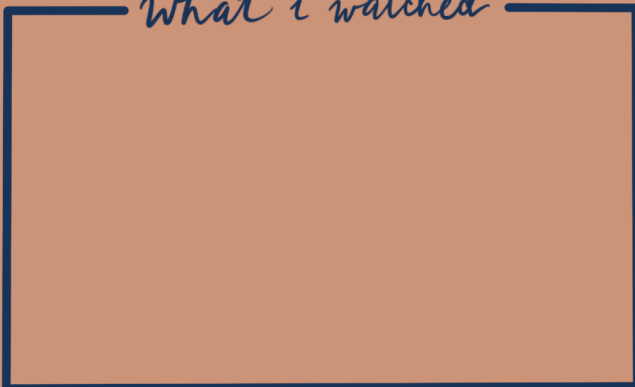
challenges



wins



what i watched



what i read



December at a glance

what im looking forward to...

goals for the month...

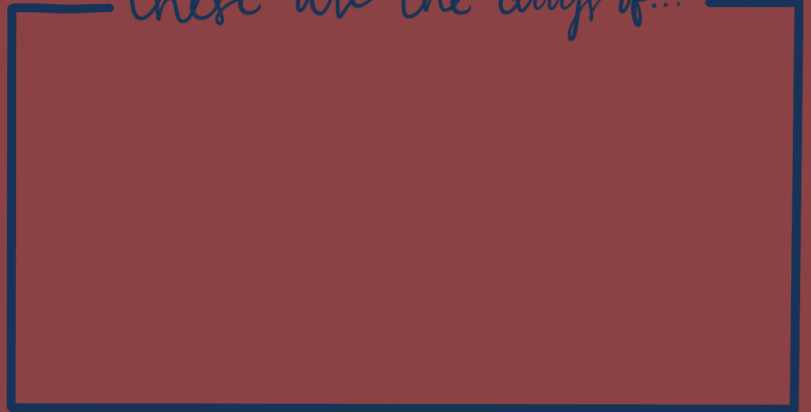
S	M	T	W	TH	F	S
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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

December reflections

highlights

A large, empty rectangular box with a dark blue border, intended for writing highlights from the month of December.

these are the days of...

A large, empty rectangular box with a dark blue border, intended for writing about specific days or events from December.

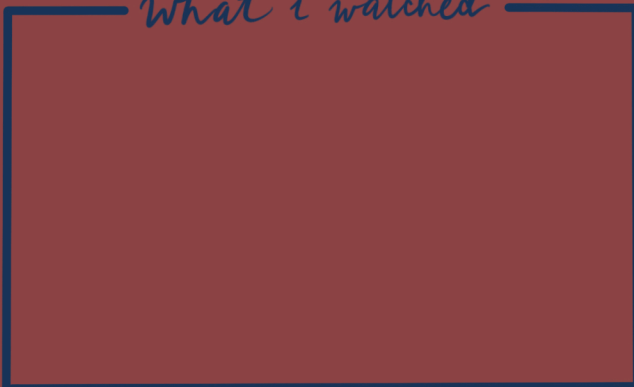
challenges

A large, empty rectangular box with a dark blue border, intended for writing about challenges faced during December.

wins

A large, empty rectangular box with a dark blue border, intended for writing about achievements or wins from December.

what i watched

A large, empty rectangular box with a dark blue border, intended for writing about movies, TV shows, or other media watched during December.

what i read

A large, empty rectangular box with a dark blue border, intended for writing about books or other reading material consumed during December.